



University Interscholastic League
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Resources

- Constitution and Contest Rules
- TEA – UIL Side By Side Manual
- Sport Specific Manual
- Booster Club and Junior High Manuals
- NFHS Rule Book
- UIL Website



2011-2012 General Update

- Coaches requirements
- Athletic eligibility and PAPF
- Preseason practice regulations
- “Unattached” athletes
- District meet management
- Rule changes & NFHS Discussions



**1.5 million=students, coaches, officials and
trainers**



UIL Required Training - Rules Compliance Program (RCP)

- Available ONLY via UIL website on a link to gateway - www.uiltexas.org
- Must have a UT Log-in ID and password set-up to complete course
- Print certificate to verify completion



Rules Compliance Program

1. **UPDATED Constitution and Contest Rules** – separate HS course and JH course
2. **UPDATED QUIZ - Ethics and Sportsmanship**
3. **UPDATED INFORMATION AND QUIZ - Safety Training** - Includes new NFHS and UIL concussion information and protocol as well as new CPR charts
4. **UPDATED QUIZ - Steroid Education** – Video “The Making of a Champion”
5. **NEW! Sport Specific** - 12 separate modules one for each sport that pertains to the high school sport specific plan



UIL Required Training – National Federation of High Schools (NFHS)

- Available through a link on the UIL website or visit www.nfhslearn.org
 - Print certificate to verify completion
1. NFHS – Fundamentals of Coaching – 6 hours course/\$35 - all first year coaches and any coach who is not a full-time employee of the school district.
 2. NFHS – Teaching and Modeling Behavior – 1.5 hour course/\$20 - minimum penalty for misconduct



State Law - Texas Education Code

- School districts make the arrangements to provide the training.
- Must maintain and submit current certification
- Reference available in the UIL-TEA Side By Side manual (revisions pending).



State Law - Texas Education Code

1. **TEC Chapter 33.086** - Certification for CPR and First Aid Training
2. **TEC Chapter 22.902** – Instruction related to CPR/AED
3. **TEC Chapter 33.202** – Safety Training Requirement
 - Coach completes the training included in RCP
 - Safety information must be presented to the students – PPT provided
 - Rehearse safety communication with athletes in a practice plan per sport
 - Provide the information to the parents



NFHS Concussion Protocol – HB 2038

TEC Chapter 38, Sub Chapter D

1. UIL Implementation Guide – available on the UIL Website and in RCP.
2. NFHS Suggested Guidelines for management of Concussion in Sport – embedded in RCP.
3. Training course requirement (2 hours) will be implemented in 2012-13 school year.
4. Link to NFHS Learn – www.nfhslearn.com - FREE course on **Concussion in Sports – What You Need To Know**



Required Student Forms

- New documents regarding concussion safety protocol forms— August 1st!
- Pre-Participation Physical Examination Form.
- Medical History Form.
- Rules Acknowledgment.
- Parent or Guardian Permit.
- Parent/Student Anabolic Steroid Use and Random Steroid Testing Form.



Preseason practice regulations



- Hourly limits and rest and recovery
- MS training restrictions
- Precautions for heat and humidity
- Start of season – local decision

CC Season Guidelines

C & CR Section 1240

- Allowed 8 meets, excluding district, region and state.
- One meet per school week.
- Meets with three or fewer schools do not count as a meet, provided there is no loss of school time.



T & F Season Guidelines

C & CR Section 1320

- Allowed 8 meets, excluding district, region and state.
- Students are not permitted to miss academic time for track competitions.
- EXCEPTION: Two meets may start **no earlier than 2:30pm** on the last day of the school week.
 - Must be a one day meet.
 - Events must begin after the end of academic day for all schools involved.
 - No event shall start after 10pm.



AMATEUR ATHLETIC STATUS

Student-athletes in grades 9-12 shall not:

- Accept any valuable consideration as an award for winning/placing in an athletic contest.
- Valuable consideration is defined as anything wearable, usable or salable, and includes such items as tee-shirts, hamburger coupons, free or reduced rate tennis racquets, etc.
- Accept valuable consideration for teaching or coaching any UIL sport, except beginning swimming or lifesaving lessons.
- Accept valuable consideration for allowing their name to be used for advertisement of a product, plan or service.



AMATEUR ATHLETIC STATUS

- Accept any special service or benefit offered only to athletes or members of an athletic team.
- The penalty for violation of the Amateur Rule is forfeiture of varsity eligibility in the involved sport for at least one year from the date of the violation.
- Sport specific - a violation in one sport would make the student ineligible only in that sport.
- No amateur rule for students competing junior high.



AMATEUR ATHLETIC STATUS

Amateur Rule

- Additional VALUABLE CONSIDERATION THAT SCHOOL TEAMS AND ATHLETES MAY ACCEPT

Examples of additional items deemed allowable under this interpretation if approved by the school, include but are not limited to:

1. meals, snacks or snack foods during or after practices;
2. parties provided by parents or other students strictly for an athletic team



AWARDS RULE

- A participant school may not give and a student may not accept awards for participation in interschool competition in excess of \$10 per sport.
- One time award value at \$70.
- Certificates awarded by the school, school district, or district executive committee to recognize participating students do not count against the \$10 limit.



Unattached athletes

C & CR section 1207

“In any UIL member school sponsored athletic contest, meet or tournament, UIL member high schools students shall not be permitted to enter unattached.”



NFHS Rule Changes

Outdoor track and field is the second-most popular sport for boys, with 572,123 participants, and most popular sport for girls, with 469,177 participants, at the high school level, according to the 2010-11 NFHS Athletics Participation Survey.

Texas Participants (Girls) = 64,726

The sport ranks second in school sponsorship with 16,011 schools sponsoring the sport for boys and 15,923 sponsoring the sport for girls.

Texas schools (Girls) = 1,375



NFHS Rule Changes

3-3-1/3-3-2: Identifies the meet director as the official representative of host meet management. Responsibility for handling unsporting conduct by a spectator(s) or other issues.

4-3-3: Changes the requirements while wearing a medical alert medal to accommodate several new styles of bracelets.

Allows bobby pins, barrettes and hair clips no longer than 2 inches to be worn to control a competitor's hair.



NFHS Rule Changes

4-3-3 new PEN: Modifies the penalty for the wearing of jewelry.

4-new 4-1,2,3,4: Clarifies the rules regarding braces, casts and padding, the use of prostheses, concussion management.

6-2-6 and 7-2-6: The head event judge may change the order of competition and permit successive trials to accommodate those who may be excused to participate in other events.

7-2-new 13: It is no longer a failed attempt if the crossbar is displaced and there is a malfunction of meet equipment in jumping events.



NFHS Rule Changes

7-4-11 and 7-5-18: In a vertical jump competition, when only one competitor remains and has been declared the winner, he/she may then determine successive heights of the crossbar.

7-5-new 16: Changes the pole vault warm-up procedure for a competitor who has passed three consecutive heights and has not yet entered the competition.

7-5-29a new NOTE: Clarifies the procedure to be used following the improper placement of the crossbar or uprights on an unsuccessful attempt in the pole vault.



NFHS Points of Emphasis

- Excused from Field Events
- Discus Cage Guidelines
- Preventive Officiating
- Concussion Management



UIL State Adoptions – T & F Entry Limits

1. An individual may enter no more than three running events, including the relays, and not over five events total.
2. A contestant is permitted to enter up to five field events. **Penalty:** Disqualification of the last event(s) over the allowable limit.
3. No contestant shall be allowed to enter more than **two** of the following individual events: 400-meter dash; 800-meter run; 1600-meter run; 3200-meter run. (This does not bar a 400, 800, 1600 or 3200-meter contestant from relays.) **Penalty:** Disqualification of the last event(s) over the allowable limit.
4. An athlete may be listed on an entry form as an alternate for a relay and it will not count against the allowable event limitations until participation has occurred.
5. Relay scoring is twice that of the individual point system.



UIL State Adoptions- Uniforms

1. A male contestant wearing a body suit or compression attire must include shorts worn over either apparel item.
2. The uniform of each contestant must completely cover the torso to the top of the shorts.
3. Wristwatches may be allowed to be worn determined by the meet referee or meet director.
4. All field event participants must compete in a school-issued uniform. T-shirts are not considered as an acceptable uniform top.



Uniform Description

- Color, design and length
- Undergarments
- School-issued
- No bare midriff tops
- Jewelry
- Hair adornment



District meet management

- Certification date:
 - October 29, 2011 – Cross Country
 - April 7, 2012 – 1A Track
 - April 14, 2012 – 2A – 5A Track
- Games committee, jury of appeals and referee
- Clerk, finish judges, and inspectors
- Entry forms/electronic entry /5 day deadline
- Protests and appeals
- Timing system



CC - Regional Sites

**3 teams and 10 individuals qualify to state
November 5, 2011**

Region I – TX Tech, Mae Simmons Park, Lubbock

Region II – UTA, Vandergriff Park, Arlington

Region III – Humble ISD, Atascosita HS

Region IV – UTSA, New course site, San Antonio



Track & Field- Regional Sites

April 27-28, 2012

- 20 sites – most confirmed, ASAP on UIL Website.
- Check UIL Website for links to regional information
- 1A Split conference occurs in 2012-13 Alignment, which will eliminate the area meet concept and advance 3 in districts to regionals.



State Championships

Cross Country



Track and Field



State CC Meet- Old Settlers

November 12, 2011

- Schedule rotation
- Box seeding
- Park upgrades
- Practice /packet pickup
- Parking
- Shuttle Service



State Meet – Old Settlers Park

November 12, 2011

Girls	Time	Boys	Time
4A	10:00am	4A	10:20am
5A	10:50am	5A	11:10am
1A	11:40am	1A	12 Noon
2A	12:30am	2A	12:50pm
3A	1:20pm	3A	1:40pm



State Meet- UT Mike Myers May 11-12, 2012

- Schedule rotation
- Packet pickup
- Parking
- Warm-up area
- 9th Qualifier



State Meet – UT Mike Myers Stadium

May 11-12, 2012

Class	Day	Time	Session Events
1A-4A	Friday, May 11	8AM	3200M Run
1A-2A-4A	Friday, May 11	9AM	Field Events
2A-4A	Friday, May 11	6PM	Running Events
5A	Saturday, May 12	8AM	3200M Run
1A-3A-5A	Saturday, May 12	9AM	Field Events
1A-3A	Saturday, May 12	12 NOON	Running Events
5A	Saturday, May 12	6PM	Running Events



Other Hot Topics

- Practice and competition regulations and potential violations.
- Coach instruction in a non-school environment.
- Girls championship race distance to 5K.
- Area meet consideration for 2A-5A.



Questions ?



Eligibility for Athletic Contests

- Parent Residence
- Changing Schools for Athletic Purposes (PAPF)
- Age Rule
- Amateur Athletic Status
- No Pass No Play Academic Status



HIGH SCHOOL GRADUATE



- **High school graduate**

- A student receiving a diploma or other certificate signifying successful completion of high school from a high school or other institution of equal or higher rank.
- participated as a graduate in the graduation exercises of a high school.
- or complied with the requirements for graduation during a four-year program, whether or not the student participated in the graduation exercises.

- **GED Testing Program**

- A student who receives General Education Development Testing Program is not considered a high school graduate, if that student remains in or returns to high school, and has not otherwise met the requirements for high school graduation.



FULL TIME STUDENT

- Enrolled in participant high school
 - a student must be enrolled for at least four hours per day
 - four hours may be for either state approved or local credit.
- Required courses by SBOE
- In compliance with local written transfer and admission policies



REGULAR ATTENDANCE



- A student is in regular attendance.
- A student who does not enroll in and attend school within the first six class days is ineligible to participate until the 15th day after enrollment and attendance.
- Students who are in an alternative program under TEC Section 37.006 (c) may resume UIL participation on the first day they return to regular classes, with local school district approval.

STUDENT' S ELIGIBILITY



Four Year Rule:

- A student may participate in League contests over four consecutive calendar years after the student first enrolls in the ninth grade.
- Students who never entered the ninth grade but were placed into the tenth grade have three consecutive years from their first entry into the tenth grade to complete their high school eligibility.
- Over-age eighth grade students who participate on the high school varsity team have four consecutive years, including eighth grade to complete their high school eligibility.





C&CR Section 440 VARSITY ELIGIBILITY

ELIGIBILITY FOR ATHLETIC CONTESTS:

- Meets all requirements of Section 400
- Parent Residence
- Changing Schools for Athletic Purposes (PAPF)
- Age Rule
- Amateur Athletic Status





VARSITY ELIGIBILITY

Residence Rule:



- Is a resident of the member school district and a resident of the attendance zone in which the participant school being attended is situated
- Or has been *continuously enrolled* in and regularly attending the school for at least the previous calendar year if his or her parents do not reside within the school district's attendance zone



PREVIOUS ATHLETIC PARTICIPATION FORM (PAPF)



Changing schools for athletic purposes:

- All new students in grades 9-12 who have ever practiced (before, during or after school) or participated in any UIL athletic activity in grade 8-12 at another school **MUST** have this form completed by the previous school (last school of participation) and be approved by the District Executive Committee **before** they are eligible to participate at the varsity level at the new school.
- The new form includes the student eligibility questionnaire that must be completed first for any student new to that school district before participation.



PREVIOUS ATHLETIC PARTICIPATION FORM (PAPE)

Changing schools for athletic purposes

● Common Indicators

- Checking to see if a student was recruited
- Ascertaining whether a student was in good standing in the previous school, either academically or in a sports program
- Determining if a student was unhappy with a coach in the previous school
- Determining if a student played on a non-school team and is transferring to the school where members of the non-school team attend



PREVIOUS ATHLETIC PARTICIPATION FORM (PAPF)

Changing schools for athletic purposes:

- **Common Indicators**



- Determining if a student played on a non-school team and is transferring to the school where the non-school team coach, or a relative of the school coach, is the school coach.



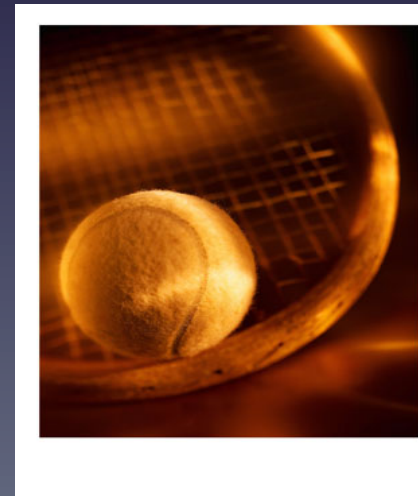
- Determining if a student received individual or team instruction from a school coach and is transferring to the school of that coach.



Age

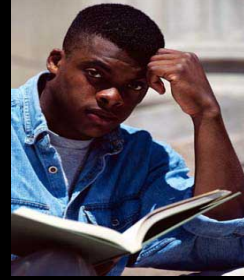
Age Rule:

- Student is less than 19 years old on September 1 preceding the contest, or has been granted eligibility based on a disability which delayed his or her education by at least one year





“NO PASS NO PLAY”



Eligibility for the FIRST Six Weeks (Credit Requirements):

- ***Grades nine and below***
 - Students must have been promoted from the previous grade.
- ***Second Year of High School***
 - five accumulated credits that count toward state graduation requirements.





“NO PASS NO PLAY”



Eligibility for the FIRST Six Weeks (Credit Requirements):

- ***Third Year of High School***
 - ten accumulated credits that count toward state graduation requirements or student must have earned at least five credits within the last twelve months that count toward state graduation requirement.
- ***Fourth Year of High School***
 - fifteen accumulated credits that count toward state graduation requirements or student must have earned at least five credits within the last twelve months that count toward state graduation requirement.

“NO PASS NO PLAY”

Eligibility for the FIRST Six Weeks (Credit Requirements):

- Students who do not meet the previous requirements are academically ineligible for participation the first six weeks of the school year. Grades are checked at the end of the first six weeks and if the students are passing all classes, they could regain academic eligibility after the seven calendar day grace period.



“NO PASS NO PLAY”



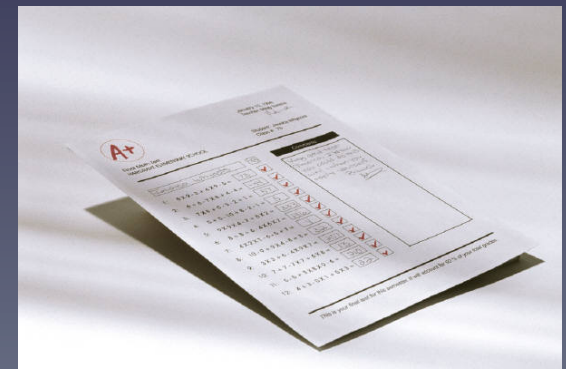
Eligibility AFTER the FIRST Six Weeks:

- All schools must check grades for all participants at the end of the first six weeks of the school year. From that point, grades are checked at the end of the grading period whether it is six, nine, or twelve weeks in length.
- Students who pass remain eligible until the end of the next grading period. All activity coaches and directors are responsible for obtaining official grade reports.
- This provision applies to all grading periods. It also applies to all three school week evaluation periods for ineligible students.

“NO PASS NO PLAY”

Eligibility AFTER the FIRST Six Weeks:

- A student who receives, at the end of any grading period (after the first six weeks of the school year), a grade below 70 in any academic class (other than an identified advanced class) or a student with disabilities who fails to meet the standards in the Individual Education Plan (IEP) may not participate in extracurricular activities for at least three school weeks.



“NO PASS NO PLAY”

Eligibility AFTER the FIRST Six Weeks:

- All schools must check grades for all participants at the end of the first six weeks of the school year.
- Grades are checked at the end of the grading period whether it is six, nine, or twelve weeks in length.
- A student who receives, at the end of any grading period (after the first six weeks of the school year), a grade below 70 in any academic class (other than an identified advanced class) or a student with disabilities who fails to meet the standards in the Individual Education Plan (IEP) may not participate in extracurricular activities for at least three school weeks.
- Students who pass remain eligible until the end of the next grading period.
- All activity coaches and directors are responsible for obtaining official grade reports from the individual the principal designates as the keeper of official grades before the student represents the school.
- This provision applies to all grading periods. It also applies to all three school week evaluation periods for ineligible students.



Good luck with your season!

